



# YOUR BEST YEAR EVER

PRESENTED BY:  
centrivity 

*Experience Fulfillment*  
**WHAT DO YOU WANT?**





# COURSE OUTLINE

## **PART 1: BUILD YOUR DREAM LIFE**

Reflecting Questions

**Key Principles of Effective Goal Setting**

## **PART 2: SET POWERFUL GOALS**

**Principle #1: Align**

**Principle #2: Clarify**

My Top Goals for the Year

**Principle #3: Plan**

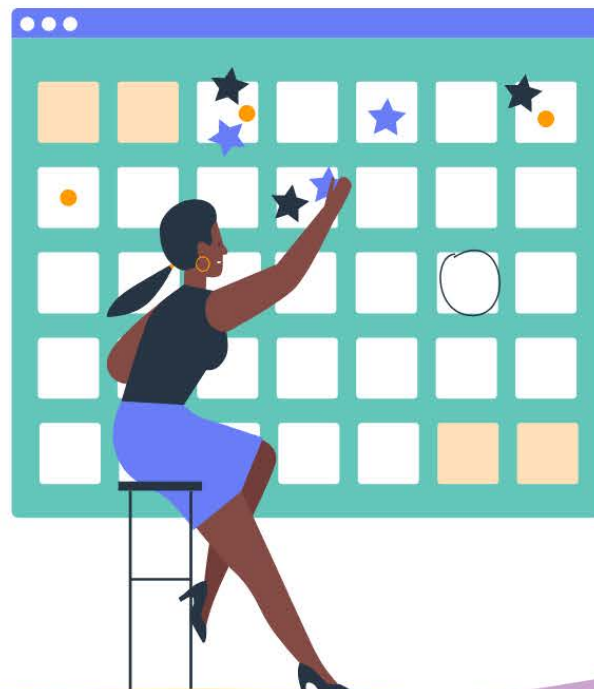
Smart Goal Formula

**Principle #4: Motivate**

**Principle #5: Commit**

**Principle #6: Connect**

**Principle #7: Reflect**





 REFLECTION

When you imagine your future, what are you most excited about?

**We All Want To Feel A Sense Of Purpose And Contribution. Setting Goals In Alignment With Your True Self Will Bring A Greater Sense Of Satisfaction Than Any Amount Of Accolades Or Wealth Ever Could.**

